

Rest Poses

Free word search. Words are names and terms used on this site. The next page is the answer key.

E	P	C	N	K	C	X	D	L	H	B	G
M	R	A	N	A	S	A	H	K	U	S	K
D	A	R	I	H	T	S	V	X	G	A	B
A	N	Q	W	A	S	U	K	H	A	M	A
N	A	C	B	T	Z	N	M	W	B	Z	D
D	Y	M	V	G	S	V	H	A	L	C	D
A	A	P	T	Z	M	D	L	G	R	O	H
S	M	A	N	A	S	A	V	A	S	C	A
A	A	V	A	P	S	K	U	T	Z	K	K
N	Q	P	B	A	Z	V	L	Q	A	T	O
A	N	P	N	N	X	K	V	O	R	C	N
V	L	A	I	S	E	E	W	U	V	Y	A

SAVASANA BALASANA SUKHASANA BADDHAKONA DANDASANA PRANAYAMA
STHIRA SUKHAM

ANSWER KEY

Rest Poses

Shaded letters belong to the word list.

E	P	C	N	K	C	X	D	L	H	B	G
M	R	A	N	A	S	A	H	K	U	S	K
D	A	R	I	H	T	S	V	X	G	A	B
A	N	Q	W	A	S	U	K	H	A	M	A
N	A	C	B	T	Z	N	M	W	B	Z	D
D	Y	M	V	G	S	V	H	A	L	C	D
A	A	P	T	Z	M	D	L	G	R	O	H
S	M	A	N	A	S	A	V	A	S	C	A
A	A	V	A	P	S	K	U	T	Z	K	K
N	Q	P	B	A	Z	V	L	Q	A	T	O
A	N	P	N	N	X	K	V	O	R	C	N
V	L	A	I	S	E	E	W	U	V	Y	A

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